



LET'S TALK ABOUT CORTISOL AND THE IMPORTANCE OF TESTING YOUR PATIENT'S LEVELS.

In Short, What is Cortisol

Cortisol is a hormone that contributes to several bodily functions, including the fight or flight response to stress.

When a person believes that they are in danger, the brain releases an extremely powerful chemical called adrenocorticotropic hormone (ACTH).

This hormone triggers the adrenal gland, which is located just above the kidneys, to release cortisol.

The body uses cortisol to halt any non-essential physical processes. These include growth processes and reproductive and immune functions.

As non-essential functions shut down, the person will gain a burst of strength and energy to deal with the potential threat.

The release of cortisol may also cause emotional arousal, giving people strong emotions, such as anger and fear.

Cortisol also increases blood sugar levels and insulin resistance.

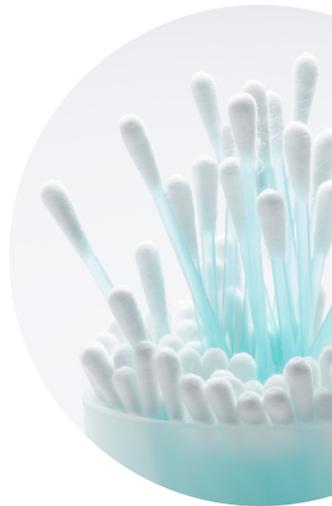
Finally, cortisol supports several different systems in the body including:

- nervous system
- immune system
- digestive system
- skeletal system
- circulatory system

The stress hormone Cortisol is recommended to be checked to maintain health and life wellness. If a person shows symptoms of Cortisol deficiency or an excess of Cortisol listed, Spitkit Diagnostics saliva testing is an easy and noninvasive way of assessing your patient's results.

Cortisol deficiency: Low libido, avoiding responsibility, hypoglycemia, hypothyroid, hypotension, joint pain, multiple sites, myalgias, brain fog, forgetfulness, lack of muscle tone/pumps, "jello" muscles, shaky, poor appetite for protein, generalized pain, weeping, extreme sympathy for other's suffering, anorexia towards meat, salt cravings, sweet cravings, fatigue with stress, hollow cheeks, brown spots on face, dark circles under eyes, peri orbital edema, brownish armpit folds, heavy armpit sweating, wet palms, wet soles with clammy feet, GERD, hair loss, palms with brownish folds, easy bruising, depression, dizziness with standing, headache and loss of motivation.

Cortisol excess: Moody, low libido, autoimmune disease, prolonged sleep, fear, brown spots on face, neck and/ or shoulders, fatigue after exercise, moon face, avoidance of responsibility, abdominal bloating/ pain, shaking when stressed, osteoporosis, renal stones, poor healing, thin, frail skin, worsening of allergies, gum disease, fat red pads on palms and fingertips, less productive, easy bruising, poor recovery, reduced cognition, weakness, weight gain/obesity, elevated reverse T3, hypothyroid, elevated blood sugar, hypertension, lack of empathy to other's suffering, anger outbursts, diaphoretic palms, loss of motivation and salt cravings.





WHAT ARE THE BENEFITS OF SPITKIT DIAGNOSTICS

What Is Spitkit Diagnostics Saliva Testing?

The test uses a saliva sample to measure a person's Cortisol level. Saliva testing can provide just as accurate a measurement of adrenal hormones like Cortisol as a blood test can. Cortisol testing is usually ordered to aid in the diagnosis of conditions related to the adrenal and pituitary glands such as Addison's Disease, Cushing's Syndrome, Adrenocortical Insufficiency or Hypersecretion.

Saliva testing is an easy and noninvasive way of assessing your patient's hormone levels and therapeutic through reliable measurement of bio-available steroid hormones. Salvia allows for easy collection of levels throughout the day without the need to be done inside a providers/clinicians office. By utilizing Saliva as the measurement, we capture only unbound hormones, otherwise known as the bio-available hormones which would be transported to the body tissue receptors.

Since we are measuring only the bio-available hormones the levels will be lower than blood serum. Since Spitkit Diagnostics was formed by clinicians, we understand the importance of measuring both Saliva and Blood serum to accurately treat a patient's conditions. Understanding the measurement differences between Salvia and Serum are critical to interpreting results to treat the patient. Spitkit Diagnostics makes the process easy and understandable at all levels of measurement, Interpretation and treatment.

Why Choose Spitkit Diagnostics

SpitKit Diagnostics is a full service COLA and CLIA certified laboratory offering complete hormone serum panels as well as our state of the art Saliva analysis program. Spitkit Diagnostics provides high quality diagnostic testing as a means to accurately establish the underlying causes of health problems.

We offer: Competitive Pricing that will not be undersold, Fast Turn Around Times, Private Label Test Kits, Treatment Protocols and user friendly reporting.

Our Difference: Traditionally practitioners are left with no profit margin on saliva diagnostic services due to high lab costs. SpitKit Diagnostics is changing the industry model. Our prices are the lowest in the industry with equal or better service offerings allowing you to have a new profit center to grow your business.

In Addition to our Aggressively affordable pricing model, we offer state-of-the-art technology and precision accuracy, plus a diagnostic reporting summary with nutritional support recommendations. This nutritional diagnostic summary offers your patients new effective treatment tools and profit centers for your business.

Once you are a Registered Provider with SpitKit Diagnostics, our Provider Program provides you with both customized and templated marketing resources to grow your brand image without growing your budget. We also provide you access to various patient posters, educational flyers, shared marketing promotionals and various patient participated webinars. All of these resources are available to our Practitioners and Clinicians 24/7.

Getting Started is Simple

Getting Started with SpitKit Diagnostics is simple. Visit our website www.spitkits.com and click on Provider Registration. Fill out the form to submit your application to our team. Our team will review your submission and contact you personally to discuss your needs to tailor your package and services.



SPIT KITS
DIAGNOSTICS

www.SpitKits.com