

What Is Spitkit Diagnostics Saliva Testing?

Saliva testing is an easy and noninvasive way of assessing your patient's hormone levels and therapeutic through reliable measurement of bio-available steroid hormones. Salvia allows for easy collection of levels throughout the day without the need to be done inside a providers/clinicians office. By utilizing Saliva as the measurement, we capture only unbound hormones, otherwise known as the bio-available hormones which would be transported to the body tissue receptors.

Since we are measuring only the bio-available hormones the levels will be lower then blood serum. Since Spitkit Diagnostics was formed by clinicians, we understand the importance of measuring both Saliva and Blood serum to accurately treat a patients conditions. Understanding the measurement differences between Salvia and Serum are critical to interpreting results to treat the patient. Spitkit Diagnostics makes the process easy and understandable at all levels of measurement, Interpretation and treatment.

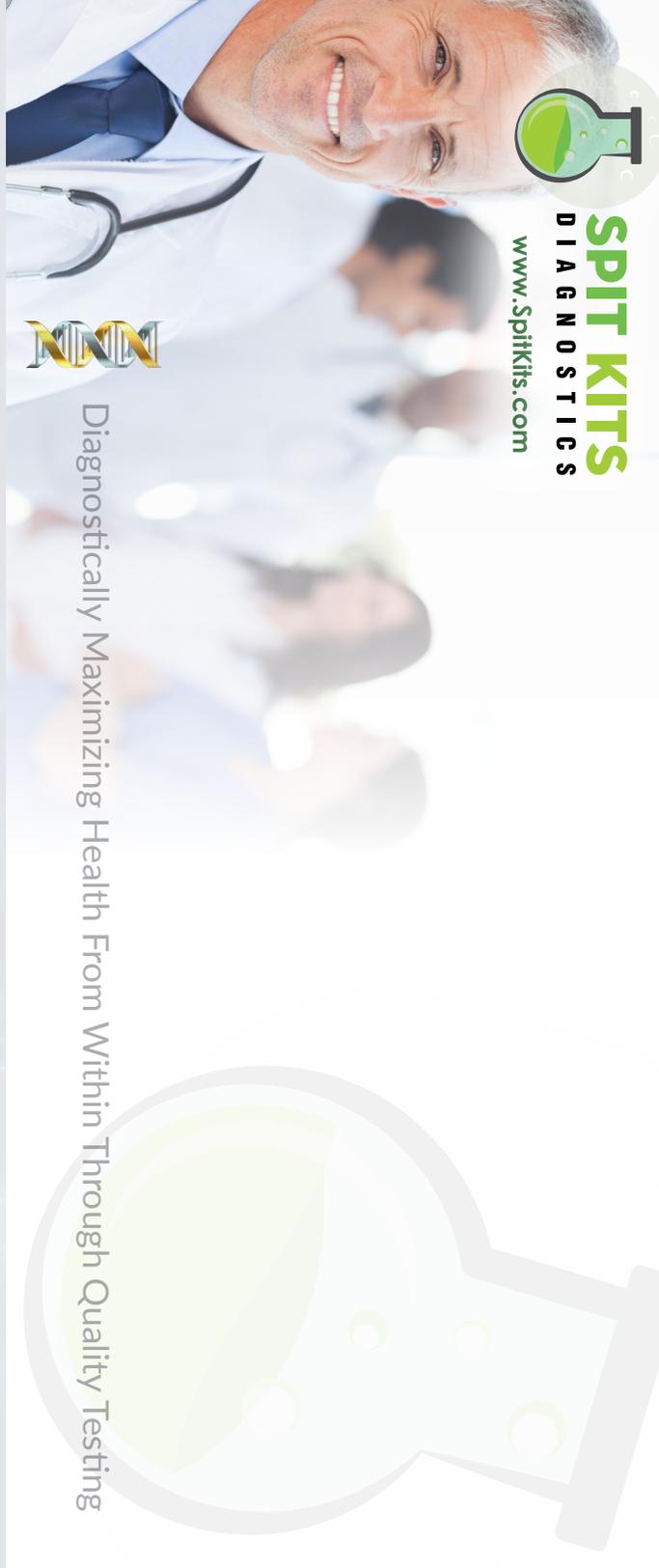
Why Test Hormone Levels?

Hormones are powerful molecules essential for maintaining physical and mental health. We frequently think of estrogen as being a female hormone, and testosterone as being a male hormone. But men AND women make both, plus several more that need to be in balance for optimum health. An imbalance of any one hormone can throw your physical and mental health out of balance, causing aggravating and even serious health problems.

One size does not fit all when it comes to hormones!

For decades western medicine has prescribed Hormone Replacement Therapy as if everyone needed the same thing and the same amount. Nothing could be further from the truth. Your hormones are like your fingerprints and in order to achieve optimal health, you need to know what your specific imbalances are.

There are several ways to test for hormones (saliva, serum and urine), but the state-of-the-art method is through saliva. This is because only the active portions of hormones are measured and it is these portions that determine how individuals feel. So if your patient is seeking bio-identical hormone replacement (BHRT), you'll need to know active hormone levels. In addition, if using a topical (transdermal) hormone preparation for treatment, saliva testing is the most accurate tool to measure and monitor hormone status.



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Why Choose Spitkit Diagnostics

SpitKit Diagnostics is a full service COLA and CLIA certified laboratory offering complete hormone serum panels as well as our state of the art Saliva analysis program. Spitkit Diagnostics provides high quality diagnostic testing as a means to accurately establish the underlying causes of health problems.

We offer: Competitive Pricing that will not be undersold, Fast Turn Around Times, Private Label Test Kits, Treatment Protocols and user friendly reporting.

Our Difference: Traditionally practitioners are left with no profit margin on saliva diagnostic services due to high lab costs. SpitKit Diagnostics is changing the industry model. Our prices are the lowest in the industry with equal or better service offerings allowing you to have a new profit center to grow your business.

In Addition to our Aggressively affordable pricing model, we offer state-of-the-art technology and precision accuracy, plus a diagnostic reporting summary with nutritional support recommendations. This nutritional diagnostic summary offers your patients new effective treatment tools and profit centers for your business.

Once your a Registered Provider with SpitKit Diagnostics, our Provider Program provides you with both customized and templated marketing resources to grow your brand image without growing your budget. We also provide you access to various patient posters, educational flyers, shared marketing promotionals and various patient participated webinars. All of these resources are available to our Practitioners and Clinicians 24/7.

Testing Accuracy

Some specific sex Hormones fluctuate constantly throughout the day, as well as through out the month, while other hormones are more predictable with a specific rhythm. Saliva testing allows for testing throughout the day and at specific times of the month allowing for more accurate pool and average testing to paint a more accurate picture for the Hormone levels throughout the day or month.

If only one sample is taken it could give you falsely elevated or falsely depressed levels. In order to accurately chart and measure, a sample from all tubes are taken and pooled to create a view of hormones throughout the day. The average of the four samples more accurately reflects the patients bio available hormone levels in the body allowing, you the provider, to give improved treatment protocols, hormone balancing, workshops and training classes.

Which Hormones Need Testing

The major sex hormones to assess are estradiol, progesterone and testosterone. Estrone and estriol are also important sex hormones to consider testing. The main adrenal hormones are DHEA and cortisol. These seven hormones will provide crucial information about deficiencies, excesses and daily patterns, which then result in a specifically tailored treatment approach and one far more beneficial than the old "shotgun" approach. Below is a brief description of each of these hormones:

Estrogens

There are three forms made by the body: estrone, estradiol and estriol. The form used in past hormone replacement therapies is estradiol, often in the form of concentrated pregnant mare's urine (premarin). It is a proliferative (causes growth) hormone that grows the lining of the uterus. It is also a known cancer-causing hormone: breast and endometrial (uterine) in women and prostate gland in men. It will treat menopausal symptoms like hot flashes, insomnia and memory-loss. With the bio-identical formulas estriol is matched with estradiol (biest) to provide protective effects and additional estrogenic benefits. The other major protector in keeping estradiol from running amok is progesterone. Estrone and Estriol are also useful hormones to test.

Testosterone

An anabolic hormone (builds tissue) that is essential for men and women. The proper level of testosterone is necessary for bone health, muscle strength, stamina, sex drive and performance, heart function and mental focus.

Progesterone

Called the anti-estrogen because it balances estradiol's proliferative effects. It is considered preventive for breast and prostate cancers as well as osteoporosis. In addition, a lack of progesterone may promote depression, irritability, increased inflammation, irregular menses, breast tenderness, urinary frequency and prostate gland enlargement (BPH).

Cortisol

Is necessary for energy production, blood sugar metabolism, anti-inflammatory effects and stress response. Cortisol is regularly measured and charted throughout the day to determine the various levels from rise in the morning to bed time.

DHEA

An important adrenal gland hormone, which is essential for energy production and blood sugar balance. DHEA is a precursor to other hormones, mainly testosterone.

Getting Started is Simple

Getting Started with SpitKit Diagnostics is simple. Visit our website www.spitkits.com and click on Provider Registration. Fill out the form to submit your application to our team. Our team will review your submission and contact you personally to discuss your needs to tailor your package and services.